



Academic

- [Millikan Tutoring](#)
- [Canvas](#)
- [Khan Academy Tutoring](#), click courses (Math, History, Science, AP)
- [Advanced Placement \(AP\) Support](#)
- Math Support aligned with your textbook:
 - [Instructional Videos \(select Common Core\)](#)
 - [Worked solutions for odd # problems](#)
- [State Test Prep \(SBAC\)](#)



College/Career

- [Millikan College and Career Center](#): college applications, scholarships, financial aid, work permits and more.
- [Transcripts](#)
- Research Colleges, Careers and Majors and take assessments to find your match:
 - californiacolleges.edu
 - cacareerzone.org
 - bigfuture.collegeboard.org
 - roadtripation.com
- [SAT Test Prep](#)
- [ACT prep](#)



Enrichment

- [Dual Enrollment at Long Beach City College](#)
- [CSULB Ethnic Studies Courses](#)
- [Personal Finance Course](#)
- [Long Beach Public Library](#)
- [Volunteer Opportunities](#)



Personal/Social

- [Join a Club](#)
- [Growth Mindset Course](#)
- [Human Relations & Social Justice](#)
- [Decision-Making](#)
- [Dealing with Anxiety](#)
- [Time Management](#)
- [LGBTQ Resources](#)



Crisis

- Suicide Prevention - call 1-800-273-8255
- Crisis Text Line - Text HOME to 741741
- [Behavioral Health Urgent Care Center](#): (562) 548-6565
- [Care Solace](#) (for mental health referrals)
- [Millikan Wellness Center](#): Room 703, 8:15-4:00pm M-F
- Millikan Counselors: 8:00-4:30pm M-F, (562) 425-7441

- [Family Resource Centers](#)
- [Grief Support](#)
- [Community Resource Guide](#)
- [Drug & Alcohol Resources](#)
- [Food Banks & Resources](#)
- [Vaping & Tobacco Resources](#)