

MIDDLE & HIGH SCHOOL SUMMER MENU

Middle School June 26 - July 21, 2023

High School June 26 - July 28, 2023




HELLO SUMMER

KEY

-  **meatless**
(all breakfast items & sides are meatless)
-  **whole grain**
(all grains are whole grains)
-  **contains pork**
-  **locally grown/sourced**



OFFERED DAILY

-  **low fat white milk**
- non fat chocolate milk**

Monday

Tuesday


Wednesday

Thursday

Friday



JUNE 26

Variety Cereal
w/String Cheese
Mixed Fruit
Orange Juice

Chicken Nuggets
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Apple Slices
Orange Juice



27

Bagel
w/Cream Cheese
Peaches
Apple Juice

Bean & Cheese Burrito 
Yogurt w/Granola 
Corn
Fresh Plum
Apple Juice


28

Variety Cereal
w/String Cheese
Applesauce Cup
Orange Juice

Hamburger 
Yogurt w/Granola 
Broccoli *w/Ranch Drsg.
Fresh Banana
Orange Juice



29

Muffin
Pineapple
Apple Juice

Chicken Sandwich
Yogurt w/Granola 
Roasted Chickpeas
Fresh Orange *
Apple Juice


30

Variety Cereal
w/String Cheese
Fresh Apple Slices/Variety Fruit
Orange/Variety Juice

Cheese Pizza 
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Nectarine *w/Variety Fruit
Orange/Variety Juice

JULY 3

Variety Cereal
w/String Cheese
Mixed Fruit
Orange Juice



Chicken Nuggets
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

4




5

Bagel
w/Cream Cheese
Applesauce Cup
Orange Juice

Hamburger 
Yogurt w/Granola 
Corn
Fresh Plum
Orange Juice



6

Muffin
Pineapple
Apple Juice

Chicken Sandwich
Yogurt w/Granola 
Roasted Chickpeas
Fresh Orange *
Apple Juice


7

Variety Cereal
w/String Cheese
Fresh Apple Slices/Variety Fruit
Orange/Variety Juice

Cheese Pizza 
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Nectarine *w/Variety Fruit
Orange/Variety Juice



10

Variety Cereal
w/String Cheese
Mixed Fruit
Orange Juice

Chicken Nuggets
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Apple Slices
Orange Juice



11

Bagel
w/Cream Cheese
Peaches
Apple Juice

Bean & Cheese Burrito 
Yogurt w/Granola 
Corn
Fresh Plum
Apple Juice


12

Variety Cereal
w/String Cheese
Applesauce Cup
Orange Juice

Hamburger 
Yogurt w/Granola 
Broccoli *w/Ranch Drsg.
Fresh Banana
Orange Juice



13

Muffin
Pineapple
Apple Juice

Chicken Sandwich
Yogurt w/Granola 
Roasted Chickpeas
Fresh Orange *
Apple Juice

14

Variety Cereal
w/String Cheese
Fresh Apple Slices/Variety Fruit
Orange/Variety Juice

Cheese Pizza 
Yogurt w/Granola 
Carrots *w/Ranch Drsg.
Fresh Nectarine *w/Variety Fruit
Orange/Variety Juice

MIDDLE & HIGH SCHOOL SUMMER MENU

Middle School June 26 - July 21, 2023

High School June 26 - July 28, 2023



HELLO SUMMER

Monday

Tuesday

Wednesday

Thursday

Friday

JULY 17

Variety Cereal
w/String Cheese
or Manager's Special
Mixed Fruit
Orange Juice

Chicken Nuggets
or Manager's Special
Yogurt w/Granola
Carrots* w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

18

Bagel
w/Cream Cheese
or Manager's Special
Peaches
Apple Juice

Bean & Cheese Burrito
or Manager's Special
Yogurt w/Granola
Corn
Fresh Plum
Apple Juice

19

Variety Cereal
w/String Cheese
or Manager's Special
Applesauce Cup
Orange Juice

Hamburger
or Manager's Special
Yogurt w/Granola
Broccoli* w/Ranch Drsg.
Fresh Banana
Orange Juice

20

Muffin
or Manager's Special
Pineapple/Variety Fruit
Apple/Variety Juice

Chicken Sandwich
or Manager's Special
Yogurt w/Granola
Roasted Chickpeas
Fresh Orange* w/Variety Fruit
Apple/Variety Juice

21

Variety Cereal
w/String Cheese
or Manager's Special
Fresh Apple Slices/Variety Fruit
Orange/Variety Juice

Cheese Pizza
or Manager's Special
Yogurt w/Granola
Carrots* w/Ranch Drsg.
Fresh Nectarine* w/Variety Fruit
Orange/Variety Juice

24

Variety Cereal
w/String Cheese
or Manager's Special
Mixed Fruit
Orange Juice

Chicken Nuggets
or Manager's Special
Yogurt w/Granola
Carrots* w/Ranch Drsg.
Fresh Apple Slices
Orange Juice

25

Bagel
w/Cream Cheese
or Manager's Special
Peaches
Apple Juice

Bean & Cheese Burrito
or Manager's Special
Yogurt w/Granola
Corn
Fresh Plum
Apple Juice

26

Variety Cereal
w/String Cheese
or Manager's Special
Applesauce Cup
Orange Juice

Hamburger
or Manager's Special
Yogurt w/Granola
Broccoli* w/Ranch Drsg.
Fresh Banana
Orange Juice

27

Muffin
or Manager's Special
Pineapple/Variety Fruit
Apple/Variety Juice

Chicken Sandwich
or Manager's Special
Yogurt w/Granola
Roasted Chickpeas
Fresh Orange* w/Variety Fruit
Apple/Variety Juice

28

Variety Cereal
w/String Cheese
or Manager's Special
Fresh Apple Slices/Variety Fruit
Orange/Variety Juice

Cheese Pizza
or Manager's Special
Yogurt w/Granola
Carrots* w/Ranch Drsg.
Fresh Nectarine* w/Variety Fruit
Orange/Variety Juice

KEY

- meatless (all breakfast items & sides are meatless)
- whole grain (all grains are whole grains)
- contains pork
- locally grown/sourced



OFFERED DAILY



low fat white milk
non fat chocolate milk

AUGUST 30, 2023
First Day of
2023 - 2024
School Year



Menus are subject to change without notice.
For more information, visit us on the web at
[http://www.lbschools.net/Departments/
Nutrition_Services/](http://www.lbschools.net/Departments/Nutrition_Services/)